

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443
Ins: CIGNA 182223 Grp: 3329609

09/25/2019 - Office Visit: rt knee

Provider: Sheldon L Martin MD

Location of Care: OrthoArizona Chandler Village

Arizona Orthopaedic Associates
Phone: 602-631-3161 Fax: 602-631-3162

Impression & Recommendations:

Problem # 1: Orthopedic surgical aftercare (ICD-V58.78) (ICD10-Z48.89)

-He does stil have a mild effusion, but otherwise is doing well. We'll observe his effusion.

-Continue with physical therapy per my acl reconstruction protocol

-Follow up in 1 month.

Orders:

PostOp Follow up (CPT-99024)

Visit Type: Follow-up

CC: right knee pain.

History of Present Illness:

Kadin is 3 months status post right knee ACL reconstruction with semitendinosus autograft and medial plica resection performed on 06/04/2019. He is accompanied by his father. He is actively attending physical therapy at Foothills with Matt with benefit. He has not been running. He has been icing his right knee to reduce swelling but is not using a compression sleeve. Overall, he is doing well.

Past Medical History:

No Medical Problems.

Past Surgical History:

right ACL.

Risk Factors:

Alcohol Use: 0; Caffeine Use: no; Exercise: yes.

Expanded Risk Factors:

Smoking Status: Never smoker.

Family History:

Reviewed history from 01/20/2017 and no changes required:

No FH CHD<55 in 1st degree male; No FH CHD<65 in 1st degree female.

Social History:

Reviewed history from 01/20/2017 and no changes required:

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443

Ins: CIGNA 182223 Grp: 3329609

Patient is single; Lives with:.

Risk Factors:

Fall Risk (65 years and older): no falls in past year; Flu shot in past year?: no; Pneumonia shot?: no; Does Patient Exercise: yes; Alcohol drinks/day: 0; Caffeine use/day: no; Smoking Status: Never smoker.

Review of Systems:

The review of systems is negative for General, Eyes, ENT, CV, Resp, GI, GU, MS, Derm, Neuro, Psych, Endo and Heme.

Vital Signs:

Patient Profile: 17 Years & 3 Months Old Male
Height: 71 inches
Weight: 186 pounds
BMI: 25.94

Problems: Active problems were reviewed with the patient during this visit.

Medications: Medications were reviewed with the patient during this visit.

Allergies: Allergies were reviewed with the patient during this visit.

No Known Allergy.

Vitals Entered By: Robin Esparza (September 25, 2019 4:25 PM)

Physical Exam

General appearance: Normal

Orientation x 3: Normal

Mood and affect: Appropriate

Gait and Station: Ambulates with a nonantalgic gait and is able to get onto the examination table. Neutral weight bearing alignment.

BMI: 25.94

Right knee:

Inspection/palpation: There is no visible muscle atrophy. Neutral alignment. Mild effusion. No medial joint line TTP. No lateral joint line TTP.

Skin: Healed incisions.

Range of motion: AROM 0°-140°. PROM 0°-140°

Stability: Stable lachman

Strength: 5/5 quadriceps/hamstrings

Provocative Tests: Negative McMurray test. No pain with patellar grind test.

CV: No swelling in leg

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443

Ins: CIGNA 182223 Grp: 3329609

X-RAY

No x-rays were ordered in the office today.

Patient Instructions:

- 1) Please schedule a follow-up appointment in 1 month.
- 2) Continue with Physical Therapy.

DISCLAIMER: This document was produced with the assistance of "Dragon Medical" speech recognition software. Some errors in transcription may have occurred. Please notify our office to clarify any typographical errors.

I, Shelden Martin, MD personally performed the services describes in this documentation, as scribed by Ariel Lau in my presence, and it is both accurate and complete.

Electronically signed by Shelden L Martin MD on 09/29/2019 at 5:11 PM

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443

Ins: CIGNA 182223 Grp: 3329609

07/29/2019 - Post Op Visit: Rt. Knee

Provider: Sheldon L Martin MD

Location of Care: OrthoArizona Chandler Village

Post Operative Visit

Surgery date: 06/04/2019

Surgery performed: Right knee ACL reconstruction with semitendinosus autograft and medial plica resection

Days post-op: 55

Impression & Recommendations:

Problem # 1: Encounter for other orthopedic aftercare (ICD-V54.89) (ICD10-Z47.89)

-I don't think his fall caused any serious injury

-Continue physical therapy.

-Follow up in 5 weeks.

Orders:

PostOp Follow up (CPT-99024)

Visit Type: Follow-up

CC: right knee pain.

History of Present Illness:

Kadin is 8 weeks status post right knee ACL reconstruction with semitendinosus autograft and medial plica resection performed on 06/04/2019. On 7/26/2019, he was stepping down from bleachers when he misstepped and caught himself on his right leg. He felt pain and a click in the anterior knee. He experienced increased swelling of the knee after this. The pain and swelling has improved, but he continues to have some swelling with occasional anterior knee pain. Denies feelings of instability. Patient is actively attending physical therapy with Jeff at OAZ-Chandler with benefit.

Past Surgical History:

right ACL.

Past Medical History:

No Medical Problems.

Family History:

No FH CHD<55 in 1st degree male; No FH CHD<65 in 1st degree female.

Social History:

Patient is single. ; Lives with: .

Risk Factors:

Alcohol Use: 0; Caffeine Use: no; Exercise: yes.

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443

Ins: CIGNA 182223 Grp: 3329609

Expanded Risk Factors:

Smoking Status: Never smoker.

Physical Exam

General appearance: Normal

Orientation x 3: Normal

Mood and affect: Appropriate

Gait and Station: Ambulates with a nonantalgic gait and is able to get onto the examination table. Neutral weight bearing alignment. Presents in right knee compression sleeve.

Right knee:

Healed incisions. No drainage or erythema. Large effusion. Appropriate passive range of motion, 0-140 degrees. Stable ligamentous exam. Normal neurovascular exam.

X-RAY

No x-rays were ordered in the office today.

Patient Instructions:

- 1) Continue physical therapy.
- 2) Please schedule a follow-up appointment in 5 weeks.

I, Shelden Martin, MD personally performed the services describes in this documentation, as scribed by Anna Workman in my presence, and it is both accurate and complete.

Electronically signed by Shelden L Martin MD on 07/29/2019 at 1:31 PM

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443

Ins: CIGNA 182223 Grp: 3329609

07/08/2019 - Post Op Visit: Rt Knee

Provider: Matthew J Pavelek PA-C

Location of Care: OrthoArizona Chandler Village

Post Operative Visit

Surgery date: 06/04/2019

Surgery performed: Right knee ACL reconstruction with semitendinosus autograft and medial plica resection

Days post-op: 34

Impression & Recommendations:

Problem # 1: Orthopedic surgical aftercare (ICD-V58.78) (ICD10-Z48.89)

-Continue physical therapy per my ACL reconstruction protocol.

-Continue home exercises.

-Recommended he wear his compressive knee sleeve to alleviate swelling.

-Follow up in 4 weeks

Orders:

PostOp Follow up (CPT-99024)

Other Orders:

RIGHT KNEE 1-2 VIEWS (CPT-73560)

Visit Type: Follow-up

CC: right knee pain.

History of Present Illness:

Kadin is 5 weeks status post right knee ACL reconstruction with semitendinosus autograft and medial plica resection performed on 06/04/2019. He is doing well. Patient is actively attending physical therapy with Jeff at OAZ-Chandler with benefit. He feels his knee is improving overall. His only complaint is that he has some "knots" in his proximal thigh that is improving with therapy.

Past Medical History:

Reviewed history from 01/20/2017 and no changes required:

No Medical Problems.

Past Surgical History:

Reviewed history from 01/20/2017 and no changes required:

No Prior Surgery.

Family History:

No FH CHD<55 in 1st degree male; No FH CHD<65 in 1st degree female.

Social History:

Patient is single. ; Lives with: .

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Ins: CIGNA 182223 Grp: 3329609

Risk Factors:

Alcohol Use: 0; Caffeine Use: no; Exercise: yes.

Expanded Risk Factors:

Smoking Status: Never smoker.

Physical Exam

General appearance: Normal

Orientation x 3: Normal

Mood and affect: Appropriate

Gait and Station: Ambulates with a nonantalgic gait and is able to get onto the examination table. Neutral weight bearing alignment.

Right knee:

Healed incisions. No drainage or erythema. Appropriate passive range of motion, 0-140 degrees. Normal neurovascular exam. Mild effusion.

X-RAY

Weightbearing AP and lateral xrays of the right knee were ordered in my office today and reviewed. To my interpretation they show intact hardware with appropriate tunnel position.

Patient Instructions:

- 1) Please schedule a follow-up appointment in 1 month.
- 2) Continue Physical Therapy and home exercises.

I, Matthew Pavelek, PA-C personally performed the services describes in this documentation, as scribed by Dillon Maggiano in my presence, and it is both accurate and complete. .

Electronically signed by Matthew J Pavelek PA-C on 07/08/2019 at 9:45 AM

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443
Ins: CIGNA 182223 Grp: 3329609

06/14/2019 - Post Op Visit: Right Knee
Provider: Matthew J Pavelek PA-C
Location of Care: OrthoArizona Chandler Village

Post Operative Visit

Surgery date: 06/04/2019

Surgery performed: Anterior cruciate ligament reconstruction with semitendinosus autograft and medial plica resection

Days post-op: 10

Impression & Recommendations:

Problem # 1: Encounter for other orthopedic aftercare (ICD-V54.89) (ICD10-Z47.89)

- Patient's arthroscopic photos were reviewed and a copy was given to him
- Sutures were removed and steri-strips were applied in the office today.
- Routine post-op questions were reviewed and answered.
- Under sterile conditions after prepping the injection site with betadine and alcohol, I aspirated 120 cc of bloody fluid. The aspiration was tolerated well. I have recommended applying ice intermittently to the area and avoiding strenuous activity for the next 24-48 hours.
- Patient will continue with physical therapy per the ACLR protocol.
- Continue ice, elevation, compression
- Continue brace x 6 weeks.

Orders:

PostOp Follow up (CPT-99024)

RT Large Joint 20610 (CPT-20610)

Visit Type: Follow-up

CC: right knee pain.

History of Present Illness:

Kadin returns with his crutches and hinged knee brace for his scheduled post op appointment. He is 10 days status post Anterior cruciate ligament reconstruction with semitendinosus autograft and medial plica resection done on 6/4/19. He is doing well and his pain is well-managed; he has not needed to take his pain medication as of 7 days status post. He is actively attending physical therapy at OAZ in Chandler with benefit. He notices that the swelling is decreasing somewhat but his range of motion is still restricted due to remaining fluid in the knee.

Past Medical History:

Reviewed history from 01/20/2017 and no changes required:
No Medical Problems.

Past Surgical History:

Reviewed history from 01/20/2017 and no changes required:
No Prior Surgery.

Family History:

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443

Ins: CIGNA 182223 Grp: 3329609

No FH CHD<55 in 1st degree male; No FH CHD<65 in 1st degree female.

Social History:

Patient is single. ; Lives with: .

Risk Factors:

Alcohol Use: 0; Caffeine Use: no; Exercise: yes.

Expanded Risk Factors:

Smoking Status: Never smoker.

Physical Exam

General appearance: Normal

Orientation x 3: Normal

Mood and affect: Appropriate

Gait and Station: Ambulates with a nonantalgic gait and is able to get onto the examination table. Neutral weight bearing alignment. Presents on crutches and with post-op hinged knee brace.

Right knee

Sutures intact at the right knee, No drainage or erythema. Appropriate passive range of motion. Normal neurovascular exam. Large effusion.

X-RAY

No x-rays were ordered in the office today.

Patient Instructions:

- 1) -Continue with physical therapy
- 2) Please schedule a follow-up appointment in 3 weeks.

Scribed by:.....Jacob Riddle June 14, 2019 8:14 AM

Electronically signed by Matthew J Pavelek PA-C on 06/14/2019 at 10:00 AM

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443

Ins: CIGNA 182223 Grp: 3329609

05/03/2019 - Office Visit: Rt Knee

Provider: Sheldon L Martin MD

Location of Care: OrthoArizona Chandler Village

Arizona Orthopaedic Associates

Phone: 602-631-3161 Fax: 602-631-3162

Impression & Recommendations:

Problem # 1: Sprain of anterior cruciate ligament of left knee, initial encounter (ICD-844.2) (ICD10-S83.512A)

-We discussed all nonoperative and surgical treatment options. We discussed graft options. I have recommended proceeding with a right knee arthroscopic ACL reconstruction with hamstring tendon autograft

-We discussed all risks of surgery including but not limited to infection, neurovascular injury, bleeding or blood clot problems, failure of the surgical repair and need for revision or further surgery, risks of regional and general anesthesia, as well as perioperative medical complications.

-We discussed in detail all the benefits of surgery as well as the postoperative recovery period and necessary physical therapy required after surgery, as well as outcomes and all alternatives to surgery. The patient does wish to proceed with surgery and informed surgical consent was obtained today after answering all the patient's questions. We will proceed with preoperative surgical clearance as needed and scheduling at the patient's convenience.

Orders:

Detailed 99214 (CPT-99214)

Other Orders:

T-Scope Post Op (L1833)

Visit Type: Follow-up

CC: right knee pain.

History of Present Illness:

Kadin is accompanied by his father and returns to review the results of his right knee MRI. His symptoms are relatively unchanged from previous visit. His date of injury was 04/27/2019.

Past Medical History:

Reviewed history from 01/20/2017 and no changes required:

No Medical Problems.

Past Surgical History:

Reviewed history from 01/20/2017 and no changes required:

No Prior Surgery.

Risk Factors:

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443
Ins: CIGNA 182223 Grp: 3329609

Alcohol Use: 0 (12/08/2017); Caffeine Use: no (12/08/2017); Exercise: yes (12/08/2017).

Expanded Risk Factors:

Smoking Status: Never smoker (12/08/2017).

Family History:

Reviewed history from 01/20/2017 and no changes required:
No FH CHD<55 in 1st degree male; No FH CHD<65 in 1st degree female.

Social History:

Reviewed history from 01/20/2017 and no changes required:
Patient is single; Lives with:.

Vital Signs:

Patient Profile: 16 Years & 11 Months Old Male
Height: 71 inches
Weight: 186 pounds
BMI: 25.94

Patient has a risk of falls? No

Patient in pain? Yes

Location: knee

Intensity: 2

Type: aching

Problems: Active problems were reviewed with the patient during this visit.

Medications: Medications were reviewed with the patient during this visit.

Allergies: Allergies were reviewed with the patient during this visit.

No Known Medication.

No Known Allergy.

Vitals Entered By: Veronica Peterson (May 3, 2019 3:53 PM)

Physical Exam

General appearance: Normal

Orientation x 3: Normal

Mood and affect: Appropriate

Gait and Station: Ambulates with a nonantalgic gait and is able to get onto the examination table. Neutral weight bearing alignment.

BMI: 25.94

Right

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443
Ins: CIGNA 182223 Grp: 3329609

Inspection/palpation: There is no visible muscle atrophy. Neutral alignment. Moderate effusion. No medial joint line TTP. No lateral joint line TTP.

Skin: Skin is intact without incisions.

Range of motion: AROM 20°-120°. PROM 0°-140°

Stability:

Medial/lateral patellar translation: Normal

Varus/valgus stress: No pain. No instability.

Lachman test: 2+ with firm endpoint

Pivot shift: 1+

Posterior drawer test: No instability.

Dial Test: Not tested

Strength: 5/5 quadriceps/hamstrings

Provocative Tests: Negative McMurray test. No pain with patellar grind test.

CV: No swelling in leg

X-RAY

No x-rays were ordered in the office today.

DATA

I reviewed the MRI and the report of the right knee MRI from Simon Med dated 05/01/2019 in the office today.

Impression:

1. Acute high-grade sprain/tear junction mid and proximal third anterior cruciate ligament with posteriorly directed edematous fibers, posterior capsular injury, deep posterior fascial edema behind the distal femur, and bone contusion lateral femoral condylar sulcus region. Hemarthrosis.
2. Grade 1 sprain fibular collateral ligament.
3. Negative for meniscal tear. Medial collateral ligament is intact.

Patient Instructions:

- 1) Please schedule a follow-up appointment post operatively.
- 2) Being scheduled for surgery.

DISCLAIMER: This document was produced with the assistance of "Dragon Medical" speech recognition software. Some errors in transcription may have occurred. Please notify our office to clarify any typographical errors.

Scribed byDillon Maggiano May 3, 2019 4:43 PM

Electronically signed by Sheldon L Martin MD on 05/03/2019 at 5:26 PM



525 S. Chandler Village Dr. Chandler, AZ 85226
(480) 750-0303 Fax: (480) 786-5202

January 19, 2026

Page 4

Office Visit

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443

Ins: CIGNA 182223 Grp: 3329609

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443

Ins: CIGNA 182223 Grp: 3329609

04/29/2019 - Office Visit: Rt. Knee

Provider: Sheldon L Martin MD

Location of Care: OrthoArizona Chandler Village

Arizona Orthopaedic Associates
Phone: 602-631-3161 Fax: 602-631-3162

Impression & Recommendations:

Problem # 1: Knee effusion, right (ICD-719.06) (ICD10-M25.461)

Patient will get an MRI of the right knee to r/o ACL tear

He should avoid twisint and pivoting on the RLE

I prescribed a neoprene compression sleeve allong with icing and elevation.

patient will schedule physical therapy.

Orders:

Detailed 99203 (CPT-99203)

Other Orders:

RIGHT KNEE 3 VIEWS (CPT-73562)

Visit Type: Initial Consult

CC: right knee pain.

History of Present Illness:

Kadin is a 16-year-old right hand dominant male who currently plays soccer at Arizona College Prep Academy. He presents today for an evaluation of his right knee pain which he attributes to a valgus injury that occurred when he stepped in a ditch during a soccer game on 4/27/19. At the time of injury, he heard an audible pop and his knee became immediately stiff and swollen. He is now able to walk with a slight limp but states that the pain is worse in the posterior aspect of his right knee. He describes the pain as sharp, 4/10, wit stiffness and weakness. He is currently not doing anything to treat his symptoms.

Past Medical History:

Reviewed history from 01/20/2017 and no changes required:
No Medical Problems.

Past Surgical History:

Reviewed history from 01/20/2017 and no changes required:
No Prior Surgery.

Risk Factors:

Alcohol Use: 0 (12/08/2017); Caffeine Use: no (12/08/2017); Exercise: yes (12/08/2017).

Expanded Risk Factors:

Smoking Status: Never smoker (12/08/2017).

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443

Ins: CIGNA 182223 Grp: 3329609

Family History:

Reviewed history from 01/20/2017 and no changes required:
No FH CHD<55 in 1st degree male; No FH CHD<65 in 1st degree female.

Social History:

Reviewed history from 01/20/2017 and no changes required:
Patient is single; Lives with:.

Review of Systems:

The review of systems is negative for General, Eyes, ENT, CV, Resp, GI, GU, MS, Derm, Neuro, Psych, Endo and Heme.

Vital Signs:

Patient Profile: 16 Years & 10 Months Old Male
Height: 71 inches
Weight: 186 pounds
BMI: 25.94
BSA: 1.85

Problems: Active problems were reviewed with the patient during this visit.

Medications: Medications were reviewed with the patient during this visit.

Allergies: Allergies were reviewed with the patient during this visit.

No Known Medication.

No Known Allergy.

Vitals Entered By: Crystal Valdez (April 29, 2019 1:51 PM)

Physical Exam

General appearance: Normal

Orientation x 3: Normal

Mood and affect: Appropriate

Gait and Station: Ambulates with a nonantalgic gait and is able to get onto the examination table. Neutral weight bearing alignment.

BMI: 25.94

Right

Inspection/palpation: There is no visible muscle atrophy. Neutral alignment. No effusion. No medial joint line TTP. No lateral joint line TTP.

Skin: Skin is intact without incisions.

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443
Ins: CIGNA 182223 Grp: 3329609

Range of motion: AROM 20°-120°. PROM 0°-140°

Stability:

Medial/lateral patellar translation: Normal
Varus/valgus stress: No pain. No instability.
Lachman test: 1+ with firm endpoint
Pivot shift: Pivot glide, similar to left knee
Posterior drawer test: No instability.
Dial Test: Not tested

Strength: 5/5 quadriceps/hamstrings

Provocative Tests: Negative McMurray test. No pain with patellar grind test.

CV: No swelling in leg

Left

Inspection/palpation: There is no visible muscle atrophy. Neutral alignment. No effusion. No medial joint line TTP. No lateral joint line TTP.

Skin: Skin is intact without incisions.

Range of motion: AROM 0°-140°. PROM 0°-140°

Stability:

Medial/lateral patellar translation: Normal
Varus/valgus stress: No pain. No instability.
Lachman test: No instability.
Pivot shift: Pivot glide
Posterior drawer test: No instability.
Dial Test: Not tested

Strength: 5/5 quadriceps/hamstrings

Provocative Tests: Negative McMurray test. No pain with patellar grind test.

CV: No swelling in leg

X-RAY

Weightbearing AP views of bilateral knees, lateral and sunrise xrays of the right knee were ordered in my office today and reviewed. To my interpretation they show no fractures, intraosseous lesions or degenerative changes.

Patient Instructions:

- 1) Follow up after diagnostic testing is complete.
- 2) You are being referred for Physical Therapy.

DISCLAIMER: This document was produced with the assistance of "Dragon Medical" speech recognition software. Some errors in transcription may have occurred. Please notify our office to clarify any

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443
Ins: CIGNA 182223 Grp: 3329609

typographical errors.

scribed by:.....Jacob Riddle April 29, 2019 2:33 PM

Electronically signed by Shelden L Martin MD on 04/29/2019 at 2:53 PM

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443

Ins: CIGNA 182223 Grp: 3329609

08/28/2019 - Post Op Visit: rt knee

Provider: Shelden L Martin MD

Location of Care: OrthoArizona Arcadia

Impression & Recommendations:

Problem # 1: Encounter for other orthopedic aftercare (ICD-V54.89) (ICD10-Z47.89)

-Continue physical therapy per my ACL reconstruction protocol. He will start to progress to running over the next 4 weeks

-The patient was given names for more functional training physical therapists.

-Recommended he wear his compressive knee sleeve to alleviate swelling.

-Follow up in 4 weeks

Orders:

PostOp Follow up (CPT-99024)

Visit Type: Follow-up

CC: right knee pain.

History of Present Illness:

Kadin is 12 weeks status post right knee ACL reconstruction with semitendinosus autograft and medial plica resection performed on 06/04/2019. He is accompanied by his father. His knee is feeling much better. He hears clicking in his kneecap when he ambulates. He is actively attending physical therapy with Jeff at OAZ-Chandler with benefit. He has no additional complaints.

Past Medical History:

Reviewed history from 01/20/2017 and no changes required:

No Medical Problems.

Past Surgical History:

Reviewed history from 07/29/2019 and no changes required:

right ACL.

Family History:

Last updated: 01/20/2017; No FH CHD<55 in 1st degree male; No FH CHD<65 in 1st degree female.

Social History:

Last updated: 01/20/2017; Patient is single. ; Lives with: .

Risk Factors:

Alcohol Use: 0 (12/08/2017); Caffeine Use: no (12/08/2017); Exercise: yes (12/08/2017).

Expanded Risk Factors:

Smoking Status: Never smoker (12/08/2017).

Kadin Rabo

Male DOB: 05/30/2002

819288

Home: (602) 697-0443

Ins: CIGNA 182223 Grp: 3329609

Physical Exam

General appearance: Normal

Orientation x 3: Normal

Mood and affect: Appropriate

Gait and Station: Ambulates with a nonantalgic gait and is able to get onto the examination table. Neutral weight bearing alignment.

Right Knee:

Inspection/palpation: There is no visible muscle atrophy. Neutral alignment. Trace effusion. No medial joint line TTP. No lateral joint line TTP. Stable ligamentous exam.

Skin: Well healed incisions.

Range of motion: AROM 0°-140°. PROM 0°-140°

Stability:

Medial/lateral patellar translation: Normal

Varus/valgus stress: No pain. No instability.

Lachman test: No instability.

Pivot shift: Normal

Posterior drawer test: No instability.

Dial Test: Not tested

Strength: 5/5 quadriceps/hamstrings

Provocative Tests: Negative McMurray test. No pain with patellar grind test.

CV: No swelling in leg

X-RAY

No x-rays were ordered in the office today.

Patient Instructions:

1) Please schedule a follow-up appointment in 4 weeks.

I, Shelden Martin, MD personally performed the services describes in this documentation, as scribed by Madisen Ford in my presence, and it is both accurate and complete.

Electronically signed by Shelden L Martin MD on 08/29/2019 at 8:15 AM
